

Home Services Training  
Personal Care Tasks  
Bird In The Hand Staffing

Family Caregiver 1hr \_\_\_\_\_

Communication 2hr \_\_\_\_\_

Safety 2hr \_\_\_\_\_

Infection Control 3hr \_\_\_\_\_

Bathing 2hr \_\_\_\_\_

Hair Care 2hr \_\_\_\_\_

Skin Care 1hr \_\_\_\_\_

Body Mechanics 1hr \_\_\_\_\_

Turning and Positioning 2hr \_\_\_\_\_

Transferring/Positioning 2hr \_\_\_\_\_

Ambulation 2hr \_\_\_\_\_

Routine Housework 2hr \_\_\_\_\_

Bed Making Open/Closed 1hr \_\_\_\_\_

Laundry 1hr \_\_\_\_\_

Cognitive, Impaired Dementia 4hr

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Employee Signature \_\_\_\_\_

Date of Review \_\_\_\_\_

Bird In The Hand Provider \_\_\_\_\_

Signature of Provider \_\_\_\_\_

Date of Provision \_\_\_\_\_